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PATIENCE



14  
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This card signifies the need for patience, self-control, adjustment, moderation, and balance when dealing with others, as well as yourself. This could be in the areas of how you think and work; and how you handle school, recreation, the people in your life, or the spiritual path that's set before you.



As a soul, you have more than one aspect of yourself to draw on for support — it's all about integration and learning to blend and balance both the physical and the spiritual. You're an ethereal being in a physical body enjoying a human experience. Therefore, since you're both, you should honor *all* of you. If you go through life denying yourself the joy of combining these aspects, you're missing out on so much of what the world has to offer. Why accept a life that's half lived?

The Patience Card reminds you to open your heart and mind; and allow yourself to listen to other people's ideas, thoughts, and perspectives. Blissful harmony can be achieved when everyone learns to work as one — all benefit. Listening, sharing, and reaching out will help you renew your faith in yourself and humankind. You'll become more aware of the miracles around you as well as the ones that you have a hand in creating.

*Traditional tarot archetype:* **Temperance**

